

# Intuitive Health Reading

## Quick Pre-consultation Checklist

**Client Name:**

**Date:**

### Disclaimer

The information shared in this Intuitive Health Reading Report **should not be construed as medical advice, professional mental health advice, or any medical or mental health diagnosis**, nor is the information a substitute for professional medical or mental health expertise or treatment. If you have a medical or mental health concern, you should consult with your physical or mental health care provider or seek other professional medical or mental health treatment. Never disregard professional medical or mental health advice or delay in seeking it because of something that you read in this educational report or in any linked materials. If you think you may have a medical or mental health emergency, call your doctor, mental health professional or emergency services immediately.

**What is the CC level (above CC1597?)**

**Or what is the highest DNA strand they are integrating?**

**Human or ET soul?:**

**If human soul, what is the highest CC level/DNA strand activation they can have activated?**

**Is the Source Team 100% LLT - any attachments?**

If yes how many - give instructions on clearing

Has this been contributing to any symptoms they have been experiencing?

**Have they been prevented from ascending due to unwillingness to release limiting beliefs i.e **only started healing on 6th Feb 2022?** Y/N**

Only relevant to people who joined the Portal in 2021.

**Is Core Ascension working properly/are they wearing the MP3 Enough? Y/N**

Troubleshoot tech help if needed. From CC206 they no longer need Core Ascension player.

**How much of their symptoms are caused overall by:**

- Physiological reasons:
- Pathological or imbalanced emotions:
- Mental beliefs:

**(should add up too 100%)**

**Physiological breakdown:**

Check breakdown:

- Health issues requiring reaching full 12 strand activation CC1597 Y/N
- Health issues requiring 15th DNA strand activation?
- Health issues requiring 18th DNA strand activation?
- Do they have health symptoms that cannot be resolved by ascension in this lifetime?
- Liver Happiness 0-100%
- Mitochondrial happiness 0-100%
- Gut lining health 0-100%
- Large bowel microbiota health 0-100%
- Gut peristalsis health 0-100%
- Vagus nerve optimization? 0-100%
- Brain stem/vagus nerve optimization? 0-100%
- Cortisol receptor health 0-100%
- Neurotransmitter receptor health 0-100%
- Ability to process salicylates 0-100%
- Chemical clearance 0-100%
- Heavy metal clearance 0-100%
- Mold clearance 0-100%
- Infection clearance 0-100%

- Hormone balance 0-100%
- Neurotransmitter balance 0-100%
- Vitamin balance 0-100%
- Mineral balance 0-100%
- Essential fatty acid balance 0-100%
- How much healed from pyroluria 0-100%
- Is there something else significant causing issues (an organ or system etc?)
- Cellular light infusion 0-100%
- Stem cell activation level 0-100%

### **Emotions Breakdown:**

How many days left in the Portal to clear all emotional trauma (this is part of overall Karma)?

Is it worth them doing additional work with the Emotional Detox Program via Wendy Myers to speed up emotional trauma healing? Y/N

Check breakdown:

How healed is their level of:

- Self hatred 0-100%
- Worthlessness 0-100%
- Powerlessness 0-100%
- Survival fear 0-100%
- Self deprivation 0-100%

Other negative emotions:

- Average percentage healed 0-100%
- What is their emotional awareness level (how much is still repressed)? 0-100%

### **Mental Beliefs Breakdown**

Check breakdown:

- Limiting belief they can physically heal?
- Limiting belief they can emotionally heal?
- Limiting belief they can reach wealth sovereignty?
- Limiting belief they can achieve ideal career/vocation/mission?
- Limiting belief they can be in a happy fulfilling romantic relationship?
- Limiting belief that can have psychic abilities?
- Limiting belief they can live in an ideal geographical location?
- Limiting belief they have some kind of ability (e.g. business acumen) or something else to achieve their goals?
- Other limiting belief? Y/N if so how many?

Limiting beliefs related to Source:

- That they are separate from Source
- They they are unworthy of being Source also
- That they are unloved by Source
- That Source will betray them

## **Experiencing any symptoms due to Energetic imbalances?**

Breakdown check:

- Is it EMF exposure like WiFi (unlikely as those can be shielded reaching CC43 and just using Core Ascension will block this)
- Is it 5G or other energetic interference etc (those that can only be shielded by reaching CC452)
- Is it experiencing energy stealing from friends/family colleagues? Need to reach CC85 to block
- Is it energy stealing from mass consciousness? Need to reach CC85 to block
- It is energy stealing from crowds (like in airports, bars or concerts). Need to reach CC85 to block
- Do they have a mental belief that is creating energetic sensitivity? Might need completion of the 15th strand, - activation and then integration.

## **Experiencing any Ascension Symptoms?**

Check breakdown:

- Experiencing an emotional dip because of connecting to repressed emotions (and thinking it's physiological depression or something else physical)
  - Are they very ungrounded?
  - Life changes
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